



HSE Training Programs

Level (3) Emergency First Aid and Use of an AED with CPR for all Ages

Who is First Aid for?

First Aid is designed for people at any level, in any sector worldwide, who need a grounding in the essentials of first aid.

What will they get out of it?

The Level 3 International Award in Emergency First Aid and Use of an AED with CPR for All Ages is a qualification aimed at providing learners with the necessary knowledge, understanding and skills to support emergency first aid.

What is First Aid covers?

- ① Understand the role and responsibilities of a first aider
- ② Assess an incident
- ③ Manage an unresponsive casualty who is breathing normally
- ④ Manage a casualty who is not breathing normally and is unresponsive
- ⑤ Provide first aid to a casualty who is choking
- ⑥ Provide first aid to a casualty with external bleeding
- ⑦ Know how to provide first aid to a casualty with minor injuries
- ⑧ Know how to provide first aid to a casualty who is in shock
- ⑨ Know how to safely use an automated external defibrillator